First Round Played by 19th Sept 19	Second Round Played by 24th Oct 19	Third Round Played by 21st Nov 19	Fourth Round Played by 19th Dec 19	Regional Finals Played by 23rd Jan 20	National Semi Finals Played by 11th Feb 20	National Finals 24th/25th March 20	National Semi Finals Played by 11th Feb 20	Regional Finals Played by 23rd Jan 20	Fourth Round Played by 19th Dec 19	Third Round Played by 21st Nov 19	Second Round Played by 24th Oct 19	First Round Played by 19th Sept 19

North

Adelaide Lodge Catholic Girls
Birkenhead School
AKS Lytham Independent School
Ashton Sixth School
Bridgefield High School
Cheadle Hulme School
Moorside High School
Oldham School Sixth Form School
St John's College
Stockport Grammar School
The Grange
The Fallibroome Academy
The King's School Macclesfield
Altrincham Girls' School
Ashton-under-Lyne Sixth Form College
Farnworth High

Royal Grammar School
Newcastle High School for Girls
Prum School
Sedbergh
Ardern Grange School
Ashton Hitchcroft Academy
Ashfield Girls' High School
Leeds Modern School
Sheffield High School for Girls
St Aidan's C of E High School
Wade High School

Midlands

KESTEVEN AND GRANTHAM GIRLS SCHOOL
Loughborough High School
Kesteven and Sleaford High School
Oakham School
Nottingham Girls' High School
St George's Academy

Oakdale School
Madeley School
Dorneywe College
Bromsgrove School
King Edward VI High School for Girls
Edge Hill Academy
King's High Warwick
AKS Warwick
Ridgeway School
Solihull School
Wrekin College

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SnS National Cup

NATIONAL CHAMPIONS

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South East

Bishop Challoner School
Highgate School
Chute's School
Bishop's Stortford College School
Bedford High School
South Hampstead High School
St Benedict's School
Ealing Sixth
St Dominic's Sixth Form School
Brentwood High School
Croydon High School
Hertford Grammar School for Girls
Christ's School
Schools of Kent High School
Sevenoaks School Girls
St Albans High School for Girls (Trinity)

Huntingdonian College
Bradfield School
Rose Hill School
Wright Grammar
Manor House
Royal School Tonbridge
Wellington Hall
St Leonards Grange
St Catherine's School
Bancroft School
AKS Kidderminster Sixth Form School
Bedford Girls School
Thornbills School
Woodlands School
Schools of Kent Girls School
Stowe School

Bedminster School
Ashleigh
Monkton School
Taunton School
Uxbridge Community College
Warminster School
Churston Ferrers Grammar School
St Peter's
Bradon Forest
Newton Abbot College

South West

Beaconsfield High School
Kennet School
Brighton College
St Swithun's
St Helen and St Katharine
St Mary's School Ascot
WYCOMBE ABBEY
The Royal School